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Teach Yourself Ballroom Dancing (Teach Yourself: General Reference)



Synopsis

Be a star on any dance floor! . . . Whether you're a beginning dancer, or just looking for a fun way to get in shape, Teach Yourself Ballroom Dancing teaches all the basic moves for a number of dances, from the traditional foxtrot, waltz, and tango to the modern mambo, rumba, and samba. This guide takes aspiring dancers step-by-step through all the moves..

Book Information

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